



Are You Inclusive?
A DARE Initiative

Pictogram communication aid

Sport & fitness

for use after completing training at www.areyouinclusive.com.au

Payments & bookings



Cash



Card



Concession card



How much
does it cost?



How long



Appointment



Lost of people in the
class



Just you and the
instructor



When



Name



Date of birth



Address



Email address

Accessories & things to bring



Swimmers



Mat



Ball



Skipping rope



Weights



Bench



Shoes



Towel



Water



Food



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Issues, feelings & directions



Good



Bad



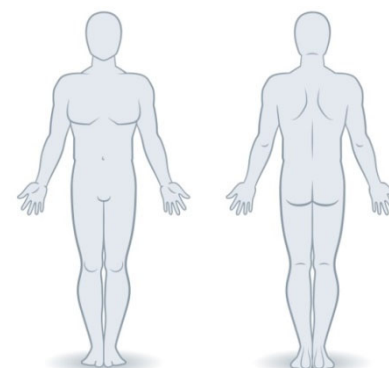
Move



Rest



Stand



Where it hurts



Sit



Too tired, had enough



Relax



Hurts



Hold



Lift



Wait



Hungry



Thirsty

Sport & fitness types



Swimming



Gym



Pilates or yoga



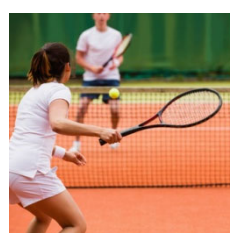
Team sports



Cricket



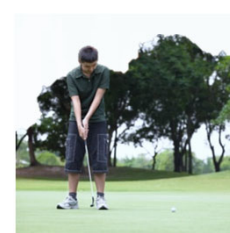
Football or rugby



Tennis



Soccer



Golf